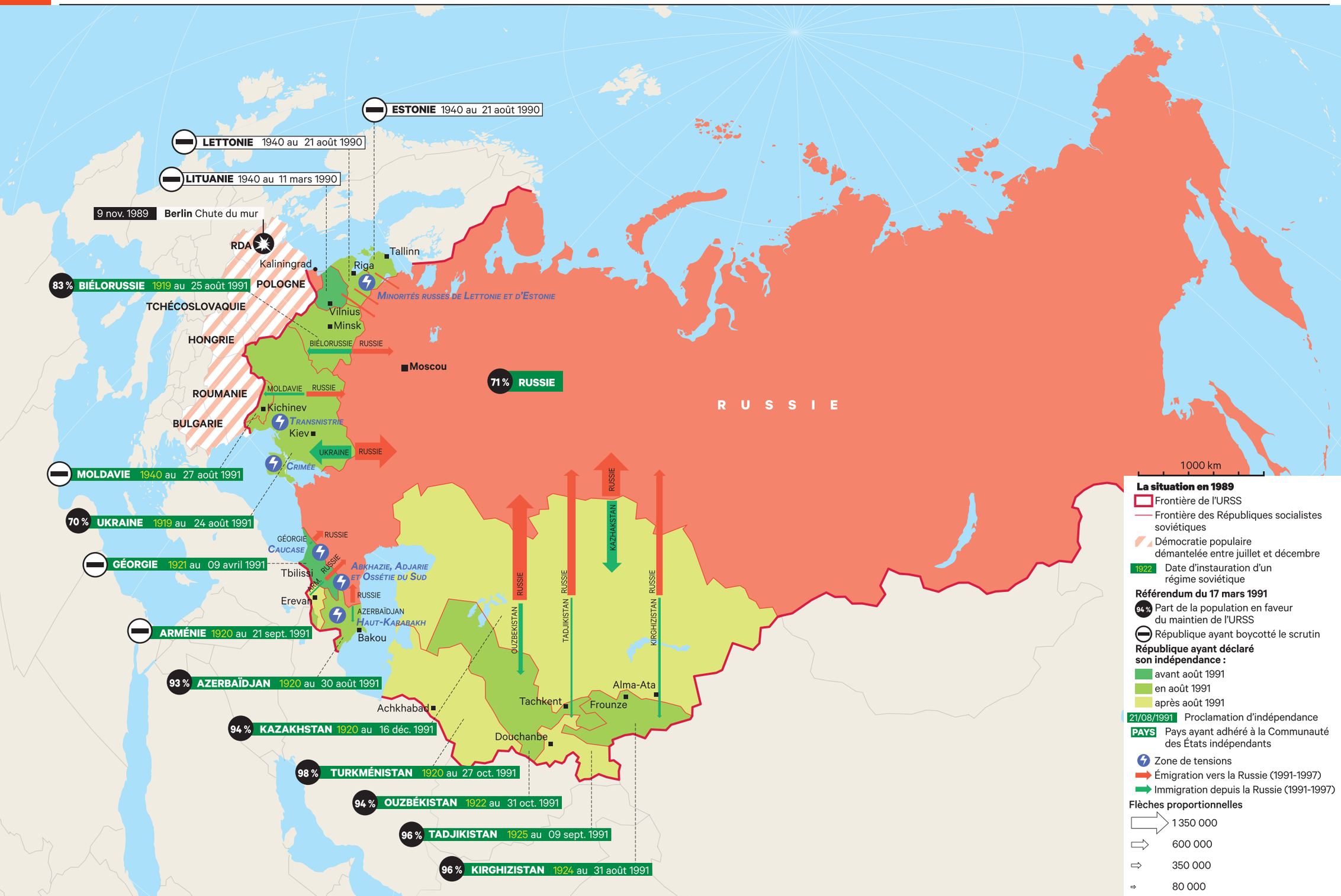L'effondrement de l'URSS (1990-1991)